



Upcoming Dates From the Music Department:

Veterans Day program - On Monday, Nov. 11th at 10am the HS/JH Band will be performing along with the HS Choir and elementary students in a special program to honor all veterans. The community is invited to attend. *Elementary students are encouraged to wear red, white or blue or a combination of those colors!*

HS Corner Conference Vocal Festival - The HS Conference Vocal Festival will be held in Stanton this year on Tuesday, Nov. 19th. Each conference school will rehearse in the afternoon and then perform a number along with 4 other selections with all choirs. The concert will take place at 6:30pm in the HS Gymnasium. Admission is \$5.

Fiddler on the Roof

The HS & JH Choir are working hard in preparations for the production of Fiddler on the Roof. The musical will take place at the Wilson Performing Arts Center on Thursday and Friday, Nov. 14 & 15 at 6:30pm. Tickets may be purchased online at WilsonArtsCenter.org or by calling 712-623-3183. 10\$ adults and 5\$ students.

Junior Class Thanks You!

The Junior Class would like to thank everyone who purchased cookie dough! The fundraiser was a huge success. The money will be used for prom and senior trip.

From Nurse Stacy's Desk

Here are some things you can do to help your child with a cough:

- **Hydrate:** Offer your child plenty of fluids to thin mucus and make it easier to breathe. You can try breast milk, formula, cool water, or juice. Avoid carbonated or citrus drinks.
- **Use a humidifier:** Run a cool-mist humidifier in your child's bedroom.
- **Use saline drops:** Saline nose drops can help relieve congestion.
- **Try a steamy bathroom:** Sit in a steamy bathroom with your child for about 20 minutes if they have a croupy cough.
- **Try a warm drink:** For children over 1, you can try giving them a warm drink of lemon and honey.
- **Try a mentholated rub:** For children over 2, you can try rubbing a thick layer of mentholated rub on their chest and neck.

You should call your doctor if your child has a cough and:

- Has trouble breathing
- Is breathing faster than usual
- Has a blue or dusky color to their lips, face, or tongue
- Has a high fever, especially if they don't have a runny or stuffy nose
- Is younger than 3 months old and has been coughing for more than a few hours

Stanton Athletics

Corner Conference VB Teams Announced

Three senior members of the Viqueens volleyball team were honored with being named to the All-Conference teams. Kyla Hart and Lauren Johnson were named as Elite First Team players and Bree Mitchell was named to the Honorable Mention list. Congratulations on the well-deserved honors girls!

Academic All-State Honorees

Senior volleyball team members, Riley Burke and Kyla Hart, were named to the Volleyball Academic All-State list for the 2024 season. This is not an easy accolade to earn and we are very proud to have two student athletes named this season.

KMA Senior All-Star Volleyball Series

We are excited to announce that two of our Viqueen senior volleyball players, Kyla Hart and Lauren Johnson, were chosen to participate in the 8th annual KMA Senior All-Star Volleyball Series that will be held at 1:00 pm at the Glenwood High School this Sunday, November 10th. There is an admission fee and all proceeds will go to a charity to be announced.

Puff Pastry Fundraiser

Thank you to everyone who supported the puff pastry fundraiser for the volleyball program. We were thrilled with the response and appreciated everyone who purchased. The pastries will be delivered to the school on Monday, November 18th and team members will deliver that week. All proceeds from the season will be used for equipment and other items needed for the volleyball program.

From the Desk of Our Principal

The 2nd Quarter Midterm Grade Check for all MS/HS students will be Friday, November 22nd.

Teammates Mentoring of Stanton is looking for additional mentors. We currently have 9 boys and 4 girls waiting to be matched with a mentor. If you would like to make a difference and apply to become a mentor, you can find application information at www.teammates.org. If you have any questions regarding mentoring, please contact either Ashley McDonald or Katie Elwood at 712-829-2162.



STUDENT OF THE WEEK

OWEN NELSON

"Owen always gives 100 percent in anything he is working on at school. He is a great leader and friend in our classroom!"



STUDENT OF THE WEEK

LEILANIE FOSTER-SAYE

"Leilanie always has a positive attitude in class and is willing to help other students. She demonstrates the school values of learning and respect by actively participating in class, helping others, and quietly finding other work to do when finished."



What's Cookin'?

Monday, Nov 11: Breakfast: Cereal, Muffin, Fruit, Juice, Milk. Lunch: Pork Chopette/Bun, Baked Beans, Ranch Potatoes, Peaches, Mixed Fruit, Milk.

Tuesday, Nov 12: Breakfast: Breakfast Burrito, Muffin, Fruit, Fruit Juice, Milk. Lunch: Pizza, Lettuce, French Fries, Apple Slices, Tropical Fruit, Milk.

Wednesday, Nov 13: Breakfast: Breakfast Bar, Muffin, Fruit, Juice, Milk. Lunch: Ham & Cheese Sandwich, Peas, Green Beans, Peaches, Mixed Fruit, Rice, Milk.

Thursday, Nov 14: Breakfast: Strawberry Donut, Fruit, Fruit Juice, Milk. Lunch: Chili, Carrots, Pears, Applesauce, Cinnamon Roll, Milk.

Friday, Nov 15: Breakfast: Pancake Sausgae on a Stick. Fruit, Fruit Juice, Milk. Lunch: Corn Dog, Baked Beans, Sweet Potatoes, Macaroni Salad, Mango/Pineapple.

Upcoming Events

Fri., Nov 8	No scheduled activities
Mon., Nov 11	10:00 am Veteran's Day Program
Tues., Nov 12	4:00 JH Boys BB with East Mills
Wed., Nov 13	1:05/1:15 Early Dismissal
Thurs., Nov 14	6:30 pm Fiddler On The Roof production at Wilson Performing Arts Ctr in Red Oak
Fri., Nov 15	6:30 pm Fiddler On The Roof production at Wilson Performing Arts Ctr in Red Oak

Around Town

Marketplace Off Main Craft & Vendor Show

Join us in Stanton on Sunday, November 17th for the Marketplace Off Main Craft and Vendor Show! 30 vendors with a variety of food, gifts and more. Admission is \$1. See you on November 17th at the Old Lumber Yard Event Center!

Swedish Holiday Meal

It's that time of year! The Swedish Holiday meal will be on Saturday, November 23rd from 5pm-7pm at the Stanton Community Room. All are invited! Cost is \$25 for Adult and Children 10 and Under are \$5. The Swedish Heritage & Cultural Center's meal includes: ham, creamed lutfisk, mashed potatoes, rye bread and ostkaka. Appetizers include: Swedish meatballs, pickled herring, cheese, crisp bread, lingonberries and glogg. The meal is prepared by Cathy Hart. All appetizers and meal are at the Stanton Community Room so no need to go to the Swedish Heritage & Cultural Center. We hope to see you there!

Kids Lighted Parade at Holiday Hoopla

The Annual Holiday Hoopla Tradition continues in Downtown Stanton on Saturday, November 30th from 5pm-7pm. Check out the downtown business open houses, sign up for ham giveaways, and see the Grinch and Santa. The Kids Lighted Parade will be at 5pm down the Main Street sidewalk with bikes, strollers, and more. All kids are invited to participate! Meet at the Southwest Iowa REC at 4:50pm. Free music will also be at the Stanton Old Lumber Yard Event Center from 7pm-10pm with Dan and Cheryl Case and friends. Join in on the fun!