

Stanton Band Marches to 3rd Place!

Our HS/JH Viking Marching Band placed 6th out of 21 1-A Schools this past weekend in the Clarinda Band Jamboree! The band received 463 points which was only one point away from 5th place and two points away from 4th place and only 6 points away from 3rd place. A special thanks to all the students who worked hard on all the fundamentals of good, articulate marching and sound. The flag corp looked extremely sharp and added a great flare to the overall band. We marched with 40 people all-together. Keep up the great work!

A Message from our School Nurse

Tummy flu, also known as the stomach flu or gastroenteritis, is a common illness that causes inflammation of the stomach and intestines:

Symptoms include vomiting, diarrhea, nausea, abdominal pain, and cramping. Causes of the virus is a bacterial or viral infection, such as norovirus, rotavirus, astrovirus, or adenovirus. It is spread fecal-to-oral route, meaning the virus is present in the vomit and stool of infected people. As far as duration, it will usually last anywhere from 24 hours, a few days, or can last up to two weeks in severe cases. Treatment is typically lots of rest and drink plenty of fluids.

From the Desk of Our Principal

The end of the 1st Quarter will be next Friday, October 18th.

Parent-Teacher Conferences will be held on Thursday, October 24th from 8 am - 8 pm.

- Elementary Parents may sign up for conferences online starting Monday, October 14th at 8 am
- MS/HS Parents will not schedule conferences.
 Teachers will be in their classrooms throughout the day to meet with parents.

We will not have school on Thursday, October 24th and Friday, October 25th.

Teammates Mentoring of Stanton is looking for additional mentors. We currently have 9 boys and 4 girls waiting to be matched with a mentor. If you would like to make a difference and apply to become a mentor, you can find application information at www.teammates.org. If you have any questions regarding mentoring, please contact either Ashley McDonald or Katie Elwood at 712-829-2162. Job Openings:

- Afternoon/Evening Assistant Custodian
- Dishwasher/Kitchen Assistant

Applicants may send their cover letter, references, and resume to Katie Elwood at <u>kelwood@stantonschools.com</u>, or apply online at <u>www.iowaworks.gov</u>.

Stanton Athletics

The Queens Share Conference Title

On Tuesday, October 8th, the Queens welcomed corner conference opponent East Mills for a home match. It was a special evening as we celebrated our wonderful six seniors as well as all of our team members and their parents. A special "Thank You" to the Booster Club for organizing a memorable night for our senior athletes and manager!

The junior varsity team hit the court first and after a slow start to set one, they re-set and battled to a 14-21 and 16-21 match loss. The varsity game held much anticipation as both teams came into the match with only 1 conference loss. The Queens scored first and played an exciting back and forth first set but some costly errors at the end of the set gave East Mills the set victory. Sets 2, 3 and 4 were hard fought points in every rally with either team seldom having more than a few points lead. In the end – the Queens came out victorious winning 3 sets to 1! A highlight of the evening was the 41 kills from Lauren Johnson which of course would not be possible without the 42 assists of Kyla Hart and the much-improved serve receive from the entire team! This is the second year in a row that the Queens will share the conference title with the Cowgirls of Sidney. Both programs have a 7-1 record in the conference.

The Queens move into a week of Corner Conference Tournament play beginning Monday. We will host games on Monday night. F-M and Bedford will play in the 5:30 match and Stanton will take on Essex in the 7:00 match. Winners of Monday night's game will move onto Tuesday night's games in Sidney. Winners of Tuesday night's games will move into the Championship at 7:00 on Thursday at East Mills. The Losers of Tuesday night's games will move into the consolation match on Thursday night at 5:30 at East Mills.

On Saturday, October 19th, the Queens will travel to the Lewis Central tournament. Game times will be posted in next week's bulletin.

Come out and support the Queens as they continue their end of the regular season and head into regional play!

The JH squad hosted East Mills on Tuesday with wins in two out of the five sets played. On Thursday, the team will travel to Essex for their final regular season match of the year. This team has improved in so many ways on the court. It has been fun to watch them grow their game the past weeks.

Cross Country

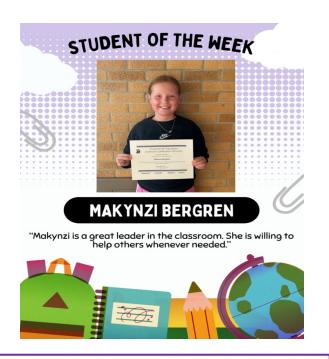
On Thursday, October 3, Stanton Cross Country ran the Corner Conference meet in Shenandoah. It was an incredibly close race, but the High School Girls' team won the Corner Conference Cross Country Meet by 1 point over the Fremont-Mills Knights. Conference standings for the ViQueens and Vikings are as follows: Lauren Roberts (FR) placed 4th, Meredith Roberts (JR) 6th place, Piper French (FR) 8th place, and Emma Sallach 9th place. For the Vikings, Jayden Snow (FR) placed 10th place.

We had so many personal bests on Thursday! Our first race of the night was the high school girls. Lauren Roberts (FR) ran 25:17, Meredith Roberts (JR) ran 26:49, Piper French (FR) ran 27:14, Emma Sallach (SR) ran 27:25, Bree Mitchell (SR) 31:25, Victoria Fletchall (SR) ran 31:58, and Riley Burke ran 33:45.

Our next race of the evening was the high school boys Jayden Snow (FR) ran 20:32, this is the fastest 5K time since I have been a coach and have been keeping records, Zooey Allen (SR) ran 24:10, Grant Spencer (SO) ran 26:07, and Eric Kutzli (JR) ran 26:11.

Junior high boys followed with an incredible race for all! Placing 13th out 115 boys overall was Cailex Williams (8) with a time of 12:32, Ty Roberts placed (8) 19th ran 12:51, Tucker Norris (7) ran 13:35, Tristan Elwood (8) 13:48, Jayden Burke (8) 14:18, Brody Hart (7) 16:56, and Logan Hopf (7) 17:21. The final race of the night was the junior high girls. 92 girls ran this race. Natalie Ward (7) 14:43, Lucy Dreyer (7) 15:46, Cameo French (7) 16:08, Olivia Nenneman (8) 16:10, Cooper Stephens (8) 16:48, and Danika Mitchell (7) 16:54.

Everyone was incredibly thrilled with their times and how they ran Thursday evening. They are looking forward to the remainder of our meets. Our next meet will be in Atlantic on Thursday, October 9.



What's Cookin?

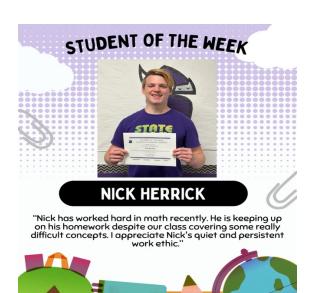
Monday, Oct 14: Breakfast: Cereal, Muffin, Fruit, Juice, Milk. Lunch: Stuffed Crust Pizza, Lettuce, Broccoli Salad, Pears, Applesauce Milk.

Tuesday, Oct 15: Breakfast: French Toast, Muffin, Fruit, Fruit Juice, Milk. Lunch: Mashed Potato Bowl, Corn, Mandarin Oranges, Mixed Fruit, Roll Milk.

Wednesday, Oct 16: Breakfast: Crescent Roll, Muffin, Fruit, Juice, Milk. Lunch: Tuna Noodle Casserole, Peas, Green Beans, Peaches, Oranges, Roll, Milk.

<u>Thursday, Oct 17:</u> Breakfast: Breakfast Pizza, Fruit, Juice, Milk. Lunch: Italian Pasta, Lettuce, Carrots, Pears, Applesauce, Breadstick, Milk.

Friday, Oct 18: Breakfast: Pancakes, Muffin, Fruit, Juice, Milk. Lunch: Chicken Fried Steak/Bun, Sweet Potatoes, Baked Beans, Pineapple, Grapes, Milk.





Upcoming Events Fri., Oct 11 7:00 HS FB @ Sidney

Mon., Oct 14 10:00 National Honor Society

Induction

5:30 CC VB Tourn at Stanton 7:00 CC VB Tourn at Stanton

Tues., Oct 15 5:30 CC VB tournament at Sidney 7:00 CC VB Tournament at Sidney

Wed., Oct 16 1:05/1:15 Early Dismissal

NO BIBLE CLUB

Thurs., Oct 17 JH/HS XC at Mt Ayr

5:30 Consolation Match - CC VB

tournament

7:00 Championship Match – CC VB

tournament

Fri., Oct 18 7:00 HS FB at CAM

End of the First Quarter

Puff Pastry Fundraiser

The Stanton Volleyball program is having a Puff Pastry fundraiser beginning October 14th through October 28th. The puff pastries are from the same company that sells the Butter Braids that we all love so much! The pastries are \$15.00 per package and are available in apple, strawberry cream, blueberry cream. Apple, cherry and caramel. The Butter Hearts product is available in chocolate chip cream and raspberry cream. There is also a breakfast pizza puffin available! Please contact a junior high or high school volleyball team member or email Coach Jody at jdruivenga@stantonschools.com if you would like to purchase something!

Around Town

Community Youth Group

The October schedule for the community youth group is as follows:

 $6:30-8~pm-The~Mid~(6,7,8^{th}~graders)$ at Mamrelund Church 6:30-8~pm-Sr~High~(10,11,12) at Covenant Church October 16th

October 23rd No Community Youth Group

October 30th Community Youth Group Fallaluia Event

18th Annual Trick or Treat on the Trail

The annual trick or treat on the trail will be held on Saturday, October 26th from 3 to 5 pm. There will be many groups passing out candy and even a hayrack ride! We ask that NO DOGS be on the trail during the event. For more information, please contact Jacque Bates at 829-2814.